

Patient Education Resource

Provide yourself and your patients with unbiased, clinically reviewed information on bladder and bowel health topics.

The National Association For Continence (NAFC) is a private not-for-profit organization dedicated to improving the quality of life of people with incontinence, voiding dysfunction and related pelvic floor disorders. NAFC is a leading source for public education and advocacy about the causes, prevention, diagnosis, treatments, and management alternatives for incontinence. Your professional support helps to underwrite a wide array of programs providing information to assist incontinent individuals and their healthcare providers. You may order by mail, phone, fax, or our website (www.nafc.org). Domestic shipping and handling are included in all prices.

Professional Resources

The Clinician's Desk Reference®

A must for family physicians, internists, and non-physician providers, this flip-chart describes types of incontinence and provides trigger questions to help elicit details of patients' urinary and bowel dysfunction.

Price **Quantity** **Total**
\$14.45 x _____ = _____

The Caregiver's Desk Reference®

For first-line caregivers, including paid healthcare professionals, volunteers, and family members, this book describes the urinary system, management and treatment options for the aging patient.

\$ 8.95 x _____ = _____

Bladder Health Matters

Generic PowerPoint® presentation easily customized/modified for lectures to consumers. Bladder Health Matters was originally developed for NAFC Speakers Bureau.

\$ 7.00 x _____ = _____

Treatment and Management of Incontinence in the Elderly

This PowerPoint® presentation explains urinary anatomy, types of incontinence, prevalence, risk factors associated with aging, questions for incontinence assessments and evaluations, treatment options, the role of a caregiver, and the facts behind many myths associated with bladder and bowel health.

\$12.00 x _____ = _____

Understanding and Assessing Incontinence in the Elderly

This PowerPoint® presentation is ideal for family physicians, internists, and non-physician providers, who will learn the basics of incontinence, management products, proper hygiene, and treatment options including medications, combination therapy and surgery.

\$12.00 x _____ = _____

Consumer Publications and Kits

Women's Pelvic Muscle Exercises Instruction Kit - Most helpful for women with mild to moderate stress incontinence and/or overactive bladder; includes a manual, a motivational video, and an instructional audio recording.

\$20.00 x _____ = _____
(Check one) DVD/CD VHS/Cassette

Men's Pelvic Muscle Exercises Audio Cassette Tape and Manual - NAFC's pelvic muscle exercise training kit for men is particularly helpful for urine leakage after prostatectomy and while preparing for surgery.

\$ 8.50 x _____ = _____

The Caregiver's Desk Reference® - This tool can be used by volunteers or family caregivers. (See Professional Resources)

\$ 8.95 x _____ = _____

Continence Care For People Living With Multiple Sclerosis - This booklet is a comprehensive reference for people whose bladder health may be affected by multiple sclerosis.

\$ 9.95 x _____ = _____

Continence Care For People Living with Spinal Cord Injury - This booklet explains how spinal cord injuries may lead to incontinence and how to safely manage the condition. Visit www.nafc.org for a downloadable summary PDF.

\$ 9.95 x _____ = _____

Continence Care For People Living with Parkinson's Disease - This easy-to-follow booklet gives a thorough explanation of the urinary system, how it may be affected by Parkinson's disease, and appropriate treatment. Visit www.nafc.org for a downloadable summary PDF.

\$ 9.95 x _____ = _____

2008-2009 Resource Guide® - A complete directory of products and services for bladder and bowel control.

\$16.50 x _____ = _____

Your Personal Guide to Bladder Health - A comprehensive booklet covering topics from diet and daily habits to pelvic muscle exercises.

\$ 8.95 x _____ = _____

Bulk Orders of Educational Leaflets and Pamphlets

Leaflets and pamphlets can be ordered in bulk in packages of 100. Please call 843-377-0900, Ext. 203 first to verify availability. See prices for members and non-members below per 100. You may also request a free sample.

	FREE Sample (✓)	Member Price	Non-Member Price		Quantity (per 100)	Item Total
GENERAL AUDIENCE						
Bladder Retraining (with 6-week bladder diary)	<input type="checkbox"/>	\$50.00	\$70.00	x	_____	= _____
Overactive Bladder and Urge Incontinence	<input type="checkbox"/>	\$50.00	\$70.00	x	_____	= _____
Urinary Catheterization of Men and Women	<input type="checkbox"/>	\$50.00	\$70.00	x	_____	= _____
Pelvic Muscle Exercises for Men and Women	<input type="checkbox"/>	\$25.00	\$45.00	x	_____	= _____
Biofeedback: What Is It? How Does It Work?	<input type="checkbox"/>	\$25.00	\$45.00	x	_____	= _____
Pelvic Floor Stimulation	<input type="checkbox"/>	\$50.00	\$70.00	x	_____	= _____
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Medications: How They Affect Your Bladder	<input type="checkbox"/>	\$25.00	\$45.00	x	_____	= _____
Diet & Daily Habits	<input type="checkbox"/>	\$25.00	\$45.00	x	_____	= _____
4-day Uro-Log (Voiding Diary)	<input type="checkbox"/>	\$25.00	\$45.00	x	_____	= _____
Fecal Incontinence	<input type="checkbox"/>	\$25.00	\$45.00	x	_____	= _____
Nocturia: Waking Once or More to Urinate	<input type="checkbox"/>	\$25.00	\$45.00	x	_____	= _____
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Nocturnal Enuresis: Bedwetting in the Older Child	<input type="checkbox"/>	\$25.00	\$45.00	x	_____	= _____
FOR WOMEN ONLY						
Incontinence: What Every Woman Should Know	<input type="checkbox"/>	\$50.00	\$70.00	x	_____	= _____
En Espanol: Cuando el bano no espera	<input type="checkbox"/>	\$60.00	\$80.00	x	_____	= _____
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Surgical Treatment for Stress Incontinence	<input type="checkbox"/>	\$50.00	\$70.00	x	_____	= _____
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Incontinence: What Every Man Should Know	<input type="checkbox"/>	\$50.00	\$70.00	x	_____	= _____
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Self-Catheterization for Men	<input type="checkbox"/>	\$25.00	\$45.00	x	_____	= _____
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WEB SITE REFERENCE						
NAFC Web site Reference Card	<input type="checkbox"/>	\$15.00	\$20.00	x	_____	= _____

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You must complete a membership application by contacting NAFC or visiting our online store. Benefits include an online listing of your practice on the NAFC Web site and NAFC newsletters. Professional Membership Prices:

Physician	1 year - \$145	2 year - \$265	3 year - \$360
Non-physicians	1 year - \$75	2 year - \$135	3 year - \$180
Physician Group	1 year - \$310		

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Please use this form to record each publication you wish to order. You can order by mail, phone, fax, or online at www.nafc.org.

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